

# Complementary and Integrative Medicine

## 補充和整合醫學

### 香薰整全護理基礎證書

課程編號：HS152A

3762 0097

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香薰治療的存在已有數百年，其對人體的幫助有一定的科學根據。本課程旨在為學員提供香薰護理知識及應用技巧訓練。學員會由基礎開始認識香薰精油的功能和應用。內容包括香薰入門基礎的知識、人體生理和心理情緒的反應、如何適當使用香薰精油，從而減壓和對不同皮膚類型作出改善。

**R** 申請人必須年滿十八歲，完成香港高中課程或香港中學會考課程，及具備基本中文閱讀及書寫能力。

**\$** HK\$12,500 (學費不包括材料費，學員需於上課期間直接將材料費交給導師，實際日期再另行通知)  
報名費用：HK\$150

**D** 10個月

粵語

**Q** 資歷架構級別：2 資歷名冊登記號碼：17/001017/L2  
資歷名冊登記有效期：2017年11月17日 - 持續有效

### 應用香薰整全護理文憑

課程編號：HS201A

3762 0097

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本課程內容參考國際認可之芳療護理師專業證書課程教學大綱，及切合芳療護理職業需求而編制，包括認識基本人體解剖和生理學、芳香療法基礎知識和應用、芳療按摩理論和技巧，旨在為學員提供香薰芳療知識及應用技巧訓練。完成課程後，學員能夠根據顧客的身體狀況及護理需要，運用芳療方案及實踐技能，為顧客設計治療計劃及療程，適當運用及掌握調配香薰產品的技巧及各種芳療按摩療法的技巧，為顧客減壓和提供合適的美容護理服務，對不同皮膚類型作出改善。

**\$** HK\$23,800 (學費不包括材料費 (HK\$4,800)，學員需於上課期間直接將材料費交給導師，實際日期再另行通知)  
報名費用：HK\$150

**D** 1年零7個月

粵語

**Q** 資歷架構級別：3 資歷名冊登記號碼：22/000414/L3  
資歷名冊登記有效期：2022年7月1日 - 持續有效

### Certificate for Module (An Introductory to Homeopathy)

Programme Code: HS169A

3762 0096

lily.twl.chan@hkuspace.hku.hk

The programme aims to provide the students with an introduction about human health and disease based on the homeopathic literature. It gives the students a general understanding of homeopathy remedies and their applications.

**\$** HK\$10,000  
Application Fee: HK\$150

**D** 30 hours

English

**Q** Level 4 (Reg. No.: 19/001138/L4) Validity Period: 01 Sep 2019 - on-going

### Advanced Workshop on Practical Homeopathy (I)

Programme Code: SC533A

3762 0096

lily.twl.chan@hkuspace.hku.hk

The workshop is designed to build upon the foundational knowledge acquired in the CERTIFICATE FOR MODULE (AN INTRODUCTORY TO HOMEOPATHY) PROGRAMME which is currently offered by HKU SPACE. The workshop aims to deepen students understanding of homeopathy principles and enhance their practical skills in "Repertorisation". By aligning and consolidating the rules and principles of Homeopathy, this course will equip students with the necessary techniques to become proficient Homeopathy Home Prescribers.

**R** Graduates of "Certificate for Module (An Introductory to Homeopathy)" or equivalent programmes

**\$** HK\$2,840

Application Fee: HK\$150

**D** 6 hours

English, supplemented with Cantonese

### Advanced Workshop on Practical Homeopathy (II) – Remedy Preparation

Programme Code: SC539A

3762 0096

lily.twl.chan@hkuspace.hku.hk

This workshop is a continuation of the foundational knowledge established in the Certificate for Module (An Introductory to Homeopathy) programme offered by HKU SPACE. It is designed to increase students' coverage of practical applications in homeopathic principle - "like cures like". The course will focus on deepening participants' understanding of remedies, related potencies and effective applications, and equipping them to be confident Homeopathy Home Prescribers.

**R** Graduates of "Certificate for Module (An Introductory to Homeopathy)" or equivalent programmes.

**\$** HK\$3,340

Application Fee: HK\$150

**D** 6 hours

English, supplemented with Cantonese

### 證書 (單元：髓氫骨自療法基礎十式)

課程編號：HS180A

3762 0081

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本課程既不是只提供給醫療專業人員，也不是為了培訓某人成為髓氫骨自療法 (CST) 專業人士。它旨在教會學習者掌握髓氫骨自療法十式的基本知識和應用技巧，讓學員能學習過程中同時自我療癒，並在日常生活中將其應用於七歲以上之人士；本課程旨在令學員打好基礎，讓他們將來可以進一步進修髓氫療法，成為治療師。

**R** 申請人必須：  
(i) 完成香港高中課程；或  
(ii) 完成香港中學會考課程；或  
(iii) 已年滿二十一歲並具備基本閱讀及書寫能力。

**\$** HK\$7,400  
報名費用：HK\$150

**D** 30小時

粵語輔以英語

**Q** 資歷架構級別：3 資歷名冊登記號碼：20/000055/L3  
資歷名冊登記有效期：2020年3月1日 - 持續有效

See legend on page 033 圖像說明於第033頁

**R** Minimum Entry Requirements 基本入學要求 (P.017)

**\$** Fee 學費

**D** Duration 修業期

**E** Medium of Instruction 教學語言

**Q** Qualifications Framework 資歷架構

**E** Exemption 豁免

**S** Short Course 短期課程

For more and latest programme information, please visit our website  
有關最新課程資訊及詳情，請瀏覽學院網站 [hkuspace.hku.hk](http://hkuspace.hku.hk)

### 證書 (單元：鱗骶骨自療法進階十式)

課程編號：HS195A

3762 0081

maggie.ho@hkuspace.hku.hk



本課程讓學員能掌握鱗骶骨自療法十式的進階知識、技巧，和實際應用，並在日常生活中將其應用於7歲以上的人士。此課程為已經修畢證書(單元：鱗骶骨自療法基礎十式)課程的畢業生而設，讓他們能夠深造，認識進階的鱗骶骨療法理論與技術。

HK\$7,900  
報名費用：HK\$150

30小時

資歷架構級別：3 資歷名冊登記號碼：21/000541/L3  
資歷名冊登記有效期：2021年9月1日 - 持續有效

### Professional Workshop : Craniosacral Therapy – Talk to the Heart

Programme Code: SC527A

3762 0081

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This short course is a four-day immersive hands-on workshop through which students will delve into the profound connection between the heart, cellular intelligence, and the body's structures. Through hands-on practice and guided exploration, students will enhance their own heart-centered awareness and develop skills to engage their own "original voice" and communicate directly with cells, organs, and tissues, to integrate compassion and mindfulness to support your healing journey.

HK\$11,000  
Application Fee: HK\$150

28 hours



### Professional Workshop : Craniosacral Therapy – Rhythms, Unwinding and Meridians

Programme Code: SC541A

3762 0081

maggie.ho@hkuspace.hku.hk



The proposed short course is a four-day immersive hands-on workshop through which students will deepen connection with the three craniosacral rhythms and the Brain Cycle, learn the unwinding techniques for arms, legs, chest and neck, as well as opening the heart and lungs by using their meridians. Students will create and enter your "Stillness", learn how to use energy to direct a healing flow and open the "avenue of expression" to start finding and using your 'original voice', and continue to practice every day.

HK\$11,000  
Application Fee: HK\$150

28 hours



### Professional Workshop : Craniosacral Therapy – Understanding and Working with Body Alarm Systems

Programme Code: SC542A

3762 0081

maggie.ho@hkuspace.hku.hk



The proposed short course is a four-day immersive hands-on workshop through which students will learn how to consciously utilize delicate mechanisms and become masters of the controls and finally change how to react to the world. This Somato Emotional Trauma Release class will explore the reticular alarm system and the total stress cascade response in the body. Students will also learn how to take off 'automatic pilot' and consciously be able to direct their response to stress.

HK\$11,000  
Application Fee: HK\$150

28 hours



### Professional Workshop : Craniosacral Therapy – Sphenoid Studies

Programme Code: SC547A

3762 0081

maggie.ho@hkuspace.hku.hk



The proposed short course is the fourth one of the craniosacral therapy workshop series. Like the three launched workshops ("Talk to Heart", "Rhythms, Unwinding and Meridians", and "Understanding and Working with Body Alarm Systems", it would be a four-day immersive hands-on workshop through which students will deepen their skills in addressing the impacts of birth pressures on the skull and cranial base. Students will learn techniques to increase the flexibility of the cranial base, release the trigeminal nerve, and explore structures that maintain the dura, such as the ethmoid and coccyx complex, culminating in a full pelvic release. This will allow the brain to function in the maximum space available and open new possibilities of intelligence for the participants.

HK\$12,600  
Application Fee: HK\$150

28 hours



NCR1

This is an exempted course under the Non-Local Higher and Professional Education (Regulation) Ordinance, 根據《非本地高等及專業教育(規管)條例》, 本課程屬獲豁免課程。

NCR2

It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。

NCR3

These are exempted courses under the Non-Local Higher and Professional Education (Regulation) Ordinance, 根據《非本地高等及專業教育(規管)條例》, 這些課程屬獲豁免課程。

It is a matter of discretion for individual employers to recognize any qualification to which these courses may lead. 個別僱主可酌情決定是否承認這些課程可令學員獲取的任何資格。

The course operator is applying for exemption under the Non-local Higher and Professional Education (Regulation) Ordinance, 課程主辦人正根據《非本地高等及專業教育(規管)條例》辦理豁免註冊手續。

It is a matter of discretion for individual employers to recognize any qualification to which this course may lead. 個別僱主可酌情決定是否承認本課程可令學員獲取的任何資格。